

## SPOT Targets

### Toddler

#### GROSS MOTOR ACTIVITIES TO BEGIN

Aims/Targets	Therapy Activities	Therapy resources
1 Skill Area: Joint attention <b>a) Children will look at 1-3 items in the bucket activity for 20-30 seconds</b> <b>b) Children will use a word/sign/vocalisation on 1 occasion</b>	"I've got something in my bucket" song Repetitive and predictable.	Bucket and themed contents (poundland great) Need to be visually captivating such as lights/bright neon colours/hopping spiders/wind up toys/laying chicken available on amazon  Hoops – weighted if possible
2 Skill Area: Turn taking , understanding and hand eye coordination <b>a) Children will anticipate their turn and wait for their turn for up to 4 minutes without a prompt</b> <b>b) Children will anticipate their turn in a hand eye coordination activity, move to the task and follow a 1 WL instruction</b>	Sitting in hoops Lead assist fine motor skills ie. Using BOTH hands together one leading one helping Simple instruction to achieve simple outcome e.g. using pinchers to collect and post item/collecting item off washing line and dressing a toy.	Hoops Puzzles Use of cutlery Fishing rods modified versions Pinchers of different sizes Games requiring fine motor manipulation
3 Skill Area: food/art tasting/touching <b>Children will use hands and fingers to actively explore 3-4 items/textures in art/food activity with/without a prompt</b>	Themed food tasting Emphasis on play rather than eating. Use hands and mouth to explore texture, taste and smell. Emphasis on bravery to explore rather than eating	Foods by colour e.g. all green ( bag of peas, mint sauce, cooked broccoli, lime jelly or all yellow such as banana, crisp, custard, cheese
4 Skill area: Bilateral movement <b>Children will spontaneously demonstrate lead assist use of hands in a fine motor activity for 1 task e.g. puzzle/painting/eating</b>	Lead assist fine motor skills ie. Using BOTH hands together one leading one helping Simple instruction to achieve simple outcome e.g. using pinchers to collect and post item/collecting item off washing line and dressing a toy.	Puzzles Use of cutlery Fishing rods modified versions Pinchers of different sizes Games requiring fine motor manipulation

**Rating:**    Not achieved — Partially achieved Achieved Prompt (P) without a prompt(NP).

