

SPOT Targets

AA group

GROSS MOTOR ACTIVITIES TO BEGIN

#	Aims/Targets	Therapy Activities	Therapy resources
1	<p><i>Skill Area: Joint attention</i></p> <p>a) Children will look at 1-3 items in the bucket activity for 20-30 seconds</p> <p>b) Children will use a word/sign/vocalisation on 1 occasion</p>	<p>"I've got something in my bucket" song</p> <p>Repetitive and predictable</p>	<p>Bucket and themed contents (poundland great) Need to be visually captivating such as lights/bright colours</p>
2	<p><i>Skill Area: Joint attention messy play</i></p> <p>a) Children will change focus of attention and look at messy play activity for 30-60 seconds on 2 occasions and use a word/sign/vocalisation on 2 occasions</p> <p>b) Children will tolerate a new sensory challenging (visual/auditory/tactile) activity by touching it 1x</p>	<p>A messy captivating activity e.g pouring water/ splatting paint, shaking powder, blowing bubbles, ripping paper, jangling noises; items such as cause and effect toys, smelly/gooey foods. The emphasis is on look/focus.</p> <p>NO TOUCH ALLOWED UNTIL THIS POINT where they are invited to take turns. Emphasis is on touch and try</p>	<p>Large play tray 1m x 1m /shower curtain Paint /water/bubble/gooey food/shaving foam/watering can/sieve/paint brushes/rollers/themed objects for Halloween/bonfire night/xmas etc.</p>
3	<p><i>Skill Area: Copied activity</i></p> <p>Children will anticipate their turn in the activity with and without a prompt on 1 occasion</p>	<p>Demonstration by therapist on messy/challenging activity e.g. finding shapes in pot of angel delight/pouring water on top of an umbrella whilst sitting on chair underneath it/being rolled up in a sausage shape in blanket.</p> <p>Often a song is sung</p>	<p>As above</p>
4	<p><i>Skill area: Joint attention for ball song</i></p> <p>Children will verbalise the next key movement in the ball song (bounce/roll/hug)</p>	<p>Song "We're bouncing/rolling/hugging the ball" Demonstration by therapists first and child takes turns. Focus is on anticipation of turn/eye contact and vocalisation</p>	<p>Large exercise ball x 2 or peanut ball x1 and exercise ball x1</p>

Rating: Not achieved — Partially achieved \ Achieved ✓ Prompt (P) without a prompt (NP).

